



**POSITION/TITLE:** Mental Health Therapist

**REPORTS TO:** Executive Director

**POSITION STATUS:**

- Full time/Exempt
- Medical, dental and vision benefits
- Providing therapy services in Snohomish & Skagit Counties, WA (
- Grant-funded temporary position (until June 30, 2021)

**SUMMARY**

The project scope is to provide trauma-informed care therapy services to individuals, families and community members throughout Snohomish & Skagit counties, WA, throughout a grant-funded time period. The Mental Health Therapist is responsible for providing services related to the delivery of mental health care to assigned clients at the Victim Support Services Everett & Sedro-Woolley offices, and other off-site locations as necessary. The expectation is that the Therapist will provide these services in Skagit county one day per week, and in Snohomish county on the remaining days.

**ESSENTIAL JOB FUNCTIONS:**

- Provides direct mental health services to include intake assessment, individual therapy, family therapy, group therapy, and crisis intervention to assigned clients.
- Respond with crisis support and therapy to victims after incidents of mass violence.
- Work independently to deliver services.
- Provides complete and timely documentation for support services rendered.
- Ensure that data for services provided is appropriately tracked to ensure compliance with funding sources.
- Provide resources and referrals to community agencies as needed.
- Community outreach to inform about the program and available services.
- Attend regularly scheduled outreach events and staff meetings as needed or requested.
- Maintain regular contact with the parent/guardian of minor clients (if appropriate).
- Collaborate with Victim Service Coordinators to facilitate support groups.
- Communicate with VSS Staff on client needs.
- Maintain confidentiality when handling sensitive client and agency information.
- Represents VSS in a positive manner through appearance and professional conduct.
- Perform all other duties, as assigned

## **QUALIFICATIONS**

- License required.
- Master's Degree from an accredited University or College in a Human Services discipline.
- Experience working with individuals who have experienced trauma.
- High commitment to task accomplishment and flexibility in work hours.
- Effective oral and written communication skills.
- Demonstrated ability to work well independently as well as in a team environment.
- Proficient using Microsoft Office products.
- Must comply with agency requirements of strict client confidentiality.
- Maintains professional ethics and follow agency policies and procedures.

## **CONDITIONS OF EMPLOYMENT**

- Valid Washington State Driver's License, Insurance, and Automobile.
- Washington State Patrol Background Check.
- Must maintain own required licenses, certificates, Insurance, etc.
- Completion of CORE Training.

## **PHYSICAL/MENTAL REQUIREMENTS**

- Must be able to prioritize, remain flexible in order to adapt to an environment that is constantly changing/ to meet the needs of clients.
- Must follow directions, develop amicable relationships with co-workers and receive constructive criticism.
- Must be able to work collaboratively with others organizations, communities, and individuals to reach mutual goals.
- Must be able to appropriately handle job stress, to work under pressure, and to deal with challenging clients and co-workers.
- Must maintain satisfactory attendance within regularly scheduled hours.
- Must have ability to sit for extended periods of time, keyboard and read printed material as well as a computer screen.
- Must have reliable transportation, with Insurance, and be willing to travel to the Sedro-Woolley office once weekly.